

The Role of Educators in Addressing Childhood Trauma

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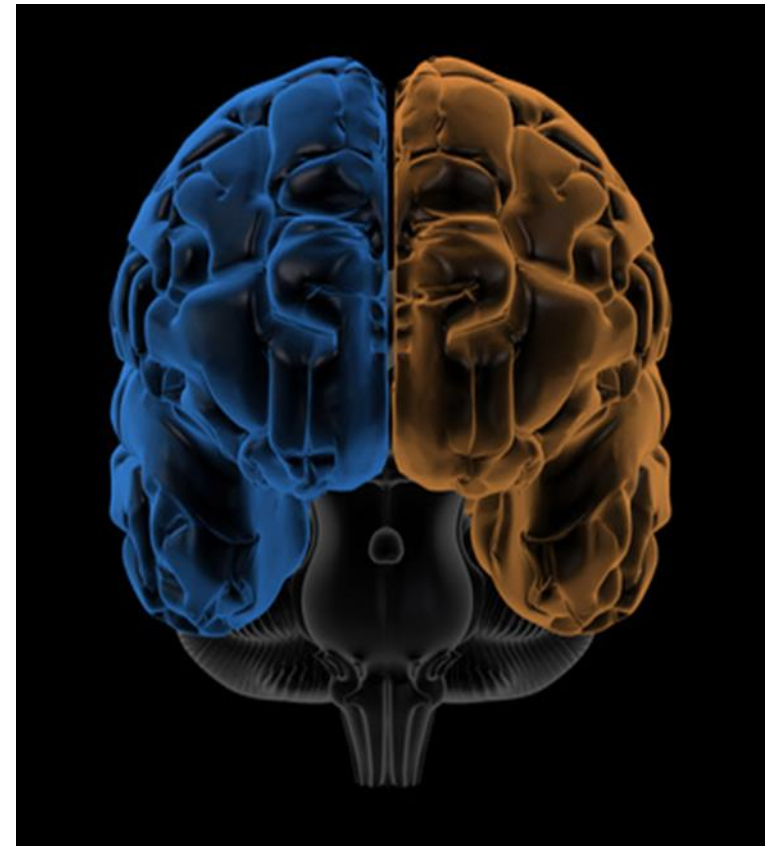
www.meltdownstomastery.wordpress.com

Changes in Brain Architecture That Effect Cognition and Learning

- Brain adapts to survive unmanageable stress
- Adaptions undermine progressive development of complex neural networks
- Previously adaptive behaviors interfere with learning, problem-solving, and self-regulation

Taking a Closer Look

- Limited Self-regulation
- Behavior Driven by Implicit Memories
- Language and Memory Problems
- Interruption of Prefrontal Cortex Development
- Deficiencies in Executive Function
- Interruption of Neural Integration



Instruction/Intervention That Can Reverse the Effects of Trauma



- Collaborative
- Interest Driven
- Conceptually Based
- Reflective
- Committed to Strengthening the Prefrontal Cortex

Components of Trauma-Sensitive Instruction



“Restorative
Practices **in**
keep students **in** school,
learning, rather than
removing them for
suspension or expulsion...”